

Central Edmonton Karate-Do



The Central Edmonton-Karate-Do uses the grading system set by the Genbukai Canada organization. There are 10 kyu levels in our grading system. These are categorized into belt colors.

Kyu Level	Adult Belt	Junior Belt	Minimum Time Required
Kyu gai (Beginner)	White Belt	White Belt	Three Months
Ku (9 th) Kyu	White Belt (1 stripe)	White Belt (1 stripe)	Three Months
Hachi (8 th) kyu	Yellow Belt	Yellow Belt	Three Months
Shichi (7 th) kyu	Orange Belt	Orange Belt	Three Months
Roku (6 th) kyu	Green Belt	Green Belt	Six Months
Go (5 th) kyu	Purple Belt	Purple Belt	Six Months
Yon (4 th) kyu	Blue Belt	Blue Belt	Six Months
San (3 rd) kyu	Brown Belt	Brown Belt	Six Months
Ni (2 nd) kyu	Brown Belt	Brown Belt	Six Months
Ichi (1 st) kyu	Brown Belt	Brown Belt	Six Months
Shodan-Ho	Black Belt	Red Belt	Twelve Months
Shodan-Ho	''	Red Belt (1 stripe)	Three Months
Shodan-Ho	''	Red Belt (2 stripes)	Three Months
Sho (1 st) Dan	Black Belt with Name	Red Belt with Name	Six Months

All kyu examinations are conducted by Genbukai Canada karate instructors.

All dan (black/red belt) gradings are conducted exclusively by Shihan Fumio Demura, Director and Chief Instructor of the Genbukai International.

Grading Details

Grading fees are \$30.00 per person and due on the day of the grading.

Eligibility

- All examinations are given at the discretion of the instructor.
- You must have trained for the minimum time required for promotion to the next rank. The time required indicated above is the minimum training time required providing regular attendance (minimum 75%) is maintained.
- Training must have been continuous, without prolonged breaks.
- Have a level of fitness that will sustain you through the entire grading.

Passing Criteria

- Correctness of technique, form, spirit, effort and etiquette will be essential factors to be considered in all examinations.
- You will be examined on single basics and combinations of basics.
- You will be examined on your grading kata(s) and every kata previously tested on.
- You will be examined on kumite fitting for your current kyu level.
- Demonstrate a high level of etiquette during the examination that portrays an attitude befitting a student of advanced rank.